

## DAR ES SALAAM MARITIME INSTITUTE

### DAILY ROUTINE TIME TABLE FOR COUNSELING UNIT- 2023/2024

<b>DAYS</b>	<b>TIME</b>	<b>ACTIVITIES</b>	<b>RESPONSIBLE PERSON</b>
<b>MONDAY</b>	9:00 – 11:00 AM	AWARENESS OF MENTAL HEALTH SERVICES IN CLASSES	STUDENTS
	11:30 – 12:30AM	APPOINTMENT FOR COUNSELLING STUDENTS & STAFF	STUDENTS & STAFF
	12:30 – 1:30PM	STAFF MENTAL HEALTH AWARENES	STAFF
	<b>1:30 – 2:00PM</b>	<b>LUNCH</b>	
	2:00 – 4:00PM	REVIEW & REPORT	
<b>TUESDAY</b>	9:00 - 11:00AM	AWARENESS OF MENTAL HEALTH SERVICES IN CLASSES	STUDENTS
	11:30 -1:30AM	ATTENDING STUDENTS WITH DIFFERENT CONCERN	STUDENTS
	1:30 -2:00PM	<b>LUNCH</b>	
	2:00 - 4:00PM	REVIEW & REPORT	
<b>WEDNESDAY</b>	9:00 - 11:00AM	AWARENESS OF MENTAL HEALTH SERVICES	STUDENTS
	11:30 -1:30PM	COUNSELLING & PSYCHOLOGICAL SESSIONS	STAFF & STUDENTS
	1:30 -2:00PM	<b>LUNCH</b>	
	2:00 - 4:00PM	REVIEW & REPORT	
<b>THURSDAY</b>	9:00 - 11:00AM	AWARENESS OF MENTAL HEALTH SERVICES	
	11:30 - 1:30PM	ATTENDING STUDENTS WITH DIFFERENT CONCERNS	STUDENTS
	1:30 -2:00PM	<b>LUNCH</b>	
	2:00 - 4:PM	STAFF MENTAL HEALTH AWARENESS	STAFF
<b>FRIDAY</b>	9:00 - 11:00AM	AWARENESS OF MENTAL HEALTH SERVICES	
	11:30 -1:30	COUNSELLING & PSYCHOLOGICAL SESSIONS	STUDENTS & STAFF
	1:30-2:00PM	<b>LUNCH</b>	
	2:00 - 4:00PM	REVIEW &REPORT	